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TRANSITIONAL CARE - WHAT HAPPENS BETWEEN  
HOSPITALIZATION AND HOME

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| What is Transitional Care |  
| Difference of In Home Care and Facility-based Care |  
| iProvideHCS Specialty Care Services |

# Transitional Care

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## Definition and Purpose

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Transitional care is an important part of healthcare that is often overlooked. It is the time spent between hospitalization and being discharged.

This type of care can be provided by a caregiver or at home by the patient's family themselves. It can be a short period of time, or it can last for weeks depending on the needs of the patient and their family. It is vital to allow patients to maintain their independence and avoid unnecessary hospital visits in the future.

Transitional care has many benefits for patients as it helps them to maintain their independence and stay in their homes longer, which is what most people want. For example, it helps them maintain their independence and dignity while they recover from an injury or surgery. Additionally, it helps them maintain a sense of normalcy in their lives which can be beneficial for mental health and physical health.

Transitional-care programs also significantly lower readmission rates, due in part to an array of comprehensive services aimed at improving the transition to home, such as medication evaluation and optimization, patient and family education, social services or discharge planning, individual home-exercise programs, visiting-nurse arrangements, post-discharge outreach, home visits, and primary care provider follow-up.



Transitional care is a way to help people who are in the process of being discharged from the hospital. It can be difficult for families and loved ones to transition from a hospital stay to home life, so transitional care can help bridge that gap.

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### IN HOME CARE vs FACILITY-BASED CARE

Home care includes all specialized support services that enable a person to live safely in their own home. Home care services can help older people who need help to live independently. Manage chronic health problems, recovering from a medical setback; or have special needs or disabilities. Professional caregivers, such as nurses, aides, and therapists, provide short-term or long-term care at home as needed.

Facility-based care addresses the medical needs of individuals with medically complex medical conditions who require intensive, specialized care for extended periods of time or who live in areas where qualified medical care is not readily available.

After hospitalization, some people stay in nursing homes for a short period of time. After recovering, they go home. However, most nursing home residents live there permanently because they have ongoing physical or mental problems that require ongoing care and monitoring.



## Choosing the Right Place

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Patients have different needs to be addressed. Both home care and facility-based care have their benefits. We hope this can guide you to choose the right place for your loved ones.

### **HOME BASED CARE**

- Greater Independence - your loved ones can live independently at home as long as possible
- Safety, Comfort and Convenience - being at home allows older adults to stick to their routines in familiar surroundings and maintain a sense of normalcy in their lives
- Saves Money - avoiding unnecessary trips to the hospital or nursing home stay saves money
- Personalized Care - patients receive one-on-one attention and a care plan that is tailored to their specific needs.
- Companionship - with no time restrictions or set visiting hours, patients get more social interaction

### **FACILITY BASED CARE**

- Advanced Equipment and Machines - there is immediate access to equipment for more complex ailments that require specialized health services
- Physician intervention & 24 hour nursing care - family members do not have to micromanage the health care service provided to their loved ones
- Nutrition and Dietary Management - it is the facility's main responsibility to screen, assess, and implement appropriate diet to your loved ones
- Customized Infrastructure - facilities are already built to accommodate patients with certain physical and mental impairments

# Specialty Care Services



Post Stroke  
Care



Rehab -  
Hospital to  
Home Care



Dementia  
Care



Alzheimer's  
Care



Individuals who have experienced a major medical event that required hospitalization or rehabilitative treatments will eventually be discharged to return home. This is where our Caregiver can step in and continue to provide transitional care at home. We provide a wide range of non-medical care services tailored to meet the care needs for you or your loved one to allow their safe and full recovery at home. We also have Live-In Caregivers or 24-Hour Staff for those that are considering this level of care to transition and rehab while at home.